

Fishhawk Martial Arts Academy

Mushin No Shin Aiki Jujutsu Do



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--|--|--|--|------------------------------------|--|-----------------------------------|
| AFTER SCHOOL PROGRAM 12:55PM-6PM | AFTER SCHOOL PROGRAM 1:55PM-6PM | AFTER SCHOOL PROGRAM 1:55PM-6PM | AFTER SCHOOL PROGRAM 1:55PM-6PM | AFTER SCHOOL PROGRAM 1:55PM-6PM | 9:00-10:00AM Katana training | Birthday Parties Available |
| 5:00PM-6:00PM Juniors Aiki Jujutsu | 5:30pm-6:15pm Little Samurai | 5:00PM-6:00PM Juniors Aiki Jujutsu *** (Not during the summer months)** | 5:30PM-6:15PM Little Samurai | | 10:00-11:30AM Adult Aiki jujutsu and Randori | |
| 6:00PM-7:00PM Aiki Jujutsu 6 th kyu and up Intermediate techniques 6 th kyu and up Kobudo (weapons) | 6:15pm-7:15pm Juniors Aiki Jujutsu | 7:00PM-8:00PM Kara te techniques | 6:15PM-7:15PM Juniors Aiki Jujutsu | | 1130-12:30PM Kara te | |
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| | | | | | 2:00-6:00PM Birthday Parties Available And /Or 2PM-5PM PRIVATE INSTRUCTION AND SELF DEFENSE WORKSHOPS | |
| 7:00PM-8:00PM Kara te Kata | 7:15PM-8:15PM Adults Aiki-Jujutsu | | 7:15PM-8:15PM Adult Aiki jujutsu | | | |
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UPDATED AS OF January 2022